

Painful testicles

Description:

One of the causes of painful testicles is a condition in which the testicle twists on its own blood supply. The testicle can die due to lack of blood supply. An operation can save the testicle.

There are many causes of pain in the testicles. Some causes are:

- *Infection of the testicle and epididymis (called epididymo-orchitis). This may be due to:*
 - *Gonorrhoea*
 - *Chlamydia.*
- *Torsion of the testicle. This is where the testicle twists on its own blood supply. The testicle is at risk of dying due to lack of blood supply. It is more common in young men but can occur at any age. This may be due to:*
 - *Mumps*
 - *Trauma.*

Do's

Men with painful testicles should see their local doctor, family planning clinic or sexual health clinic.

If the pain has come on suddenly, see the doctor or hospital emergency department immediately.

If you think you may have been at risk of getting a sexually transmissible infection, have a sexual health check. See your doctor, family planning clinic or sexual health clinic.

Other Resources

[Queensland Health Sexual Health website](#)