

Sexual Health and Disability

Description:

The range of issues that can be covered under sexual health and disability are diverse. People with disabilities and their carers may be interested in topics such as menstruation, masturbation, contraception, safe sex and relationships.

Due to the diverse range of information that can be covered under sexual health and disability, this fact sheet aims to provide access to organisations and resources that can provide further detail on issues regarding sexual health and disability.

Other Resources

Family Planning Queensland has a range of resources and programs available to provide information of sexual health and disability.

Family Planning Queensland have offices in:

- Cairns
- Fortitude Valley
- Ipswich
- Rockhampton
- Townsville
- Toowoomba.

Some of the information available from **Family Planning Queensland** includes:

- About Periods - for parents and carers of girls and women with a learning difficulty or disability - for girls and women with a learning difficulty or disability
- Contraception - disability
- Sexuality Education and Asperger's Syndrome for parent and carers
- Feel Safe - Promoting Self Protection
- I have the right to be safe - Promoting Self Protection
- Safe Relationships, Safer Sex